



Dear Barry,

I am 57 years old and I moved to Palm Springs two year ago from the Midwest. I came here because I heard it was a gay town and I am having no luck meeting a partner. But I find everyone here so phony and uninteresting. I have been on plenty of dates but the dating pool here really sucks. All the same guys are online week after week and most seem to be drug addicts. When I go to the bars all I seem to run into are drunks. How the hell can I meet someone in this town who has a life? I can't afford to relocate.

Signed "Stuck in the Sand"

Dear [Stuck in the Sand](#),

Location doesn't change anything. You obviously had the same luck in the Midwest as your having here in the desert. Old habits and old patterns seem to always follow us.

Phony and uninteresting, that is a harsh statement. Be the kind of person you would want to date! Remember, sometimes the phony and uninteresting person is you. We attract what we ourselves put out.

Don't expect an instant relationship, without taking the time to date. Also, stop looking for love on a sex site or in a bar. Try getting involved in the clubs, activities and many charities that the desert offers. Then take some time and make some friends. It generally takes a year or so, when someone moves to a new place, to find a group that they fit in with. When you meet someone, ask them out on a coffee date. When we finally accept and love ourselves 100% as a single person, it is amazing how quickly others are attracted to us. As the old saying goes, people can smell desperation.