



Dear Barry,

I am a single woman in my late 30's. All of my friends are married and have had children. The longest relationship I have had is 6 months. Over the last few years, meeting anyone to date is difficult. When I do go on a date, the men are married, drinkers or just boring. The one's I like, never call back. I feel left out from my friends, as they tend to do couple things, or socializing around their family and children. I have tried the internet, groups, bars and getting fixed up. My friends tell me that I am too picky, or just don't understand how difficult it is.

What am I doing wrong?

Am I destined to be single the rest of my life?

Signed – Single and Frustrated

Dear Single and Frustrated,

It sounds like you are doing everything you can to meet someone. Many of the dating sites have all the same people on them, and many of the people on the sites are not paid members. Therefore, they cannot see who emailed them, nor respond.

One needs to remember, that many people settle in relationships that are unhealthy, just to be in one. That could be why our divorce rate is so high. It is hard to say if you are doing anything wrong, or are just one of the many people that find it hard to meet someone. You should ask yourself, are your standards out of reach for people that you date, do you have intimacy problems, or are you just one of those individuals that are just unlucky in dating?

I would continue to do what you are doing, stay optimistic and keep exploring any opportunity that comes along. Eventually, you might meet a great guy that is available and husband material.

If you want to know why your relationships ended, go back and ask the guys you have dated, what it was about you that did not work for them and what did.

I realize that might be hard to hear, but it might give you some insight on what you need to work on in a relationship to maintain one.